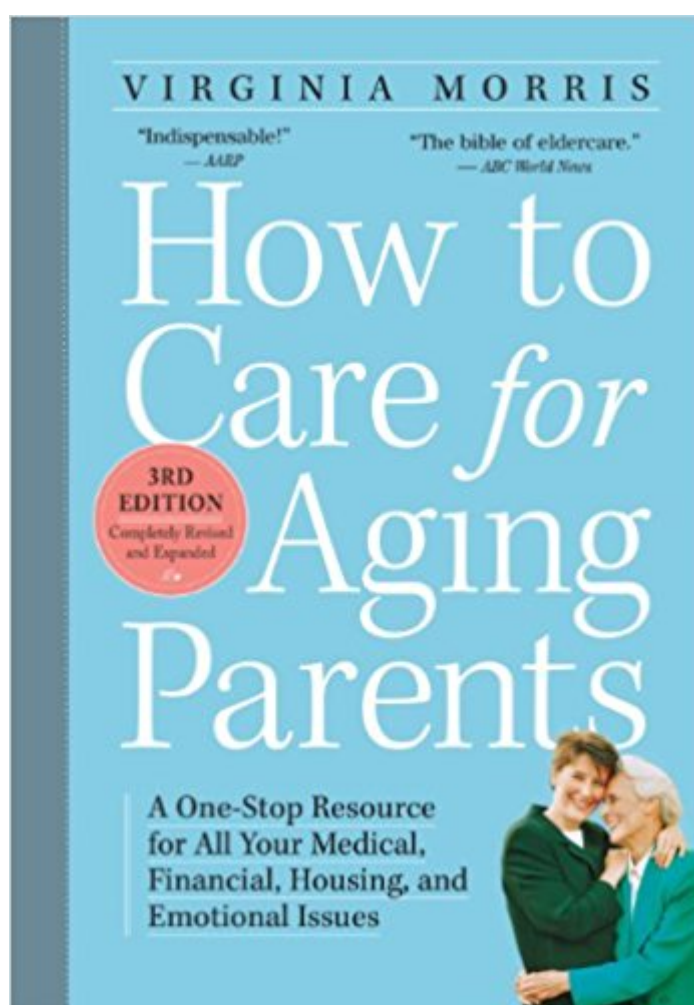


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# How To Care For Aging Parents, 3rd Edition: A One-Stop Resource For All Your Medical, Financial, Housing, And Emotional Issues



## Synopsis

“The bible of eldercare” •ABC World News. “An indispensable book” •AARP. “A compassionate guide of encyclopedic proportion” •The Washington Post. And, winner of a Books for a Better Life Award. How to Care for Aging Parents is the best and bestselling book of its kind, and its author, Virginia Morris, is the go-to person on eldercare for the media, appearing on Oprah, TODAY, and Good Morning America, among many other outlets. How to Care for Aging Parents is an authoritative, clear, and comforting source of advice and support for the ever-growing number of Americans •now 42 million •who care for an elderly parent, relative, or friend. And now, in its third edition, it is completely overhauled and updated, chapter-by-chapter and page-by-page, with the most recent medical findings and recommendations. It includes a whole new chapter on fraud; details on the latest “aging in place” technologies; more helpful online resources; and everything you need to know about current laws and regulations. Also new are fill-in worksheets for gathering specifics on medications; caregivers’ names, schedules, and contact info; doctors’ phone numbers and addresses; and other essential information in one handy place at the back of the book. From having that first difficult conversation to arranging a funeral and dealing with grief •and all of the other important issues in between •How to Care for Aging Parents is the essential guide.

## Book Information

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## Customer Reviews

This guide, aimed at the "Sandwich Generation," provides a road map to assist adult children in

caring for their aging parents. Combining personal experience with expertise in healthcare and social and political issues, Morris has produced a thoroughly researched, well-organized, and comprehensive manual. Chapters follow in logical progression, yet they can stand alone and be read on an "as-needed" basis. The topics covered include the concrete, practical areas such as home care, finances, nursing homes/hospitals, legal issues, and medical/safety concerns as well as the psychosocial areas of handling emotions, dealing with death and dying, sibling conflicts, and spiritual needs. In her discussions, Morris adds useful details such as a suggested list of things to pack for the hospital. Support for the caregiver as well as to the elderly person is covered. Sprinkled throughout the text are agencies, phone numbers, and other reference information. A good companion to Helen Susik's *Hiring Home Caregivers* (LJ 5/1/95), this comprehensive resource is a great bargain. Recommended for public libraries. Linda D. Malone, Walter Reed Hospice, Gloucester, Va. Copyright 1996 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

The new, greatly revised and expanded edition of a hefty guidebook to eldercare originally published in 1995 is easy to read because Morris divides it into manageable sections. Worried about people taking advantage of your parents? Turn to a chapter titled, "What You Need to Know about Fraud." Confused by legal issues, such as estate-tax rules? Morris gives easy-to-understand explanations of complicated-sounding terms, such as irrevocable life insurance trust. She also clearly and concisely spells out Medicare Part A and Part B—really! And she explains the stages of Alzheimer's in less than two pages. Charts help convey such essential information as housing options. A funeral checklist is full of reminders, such as, "Find out if your parent owns a plot." The chapter "You're Next" nudges caregivers to manage their own affairs, too. Twenty-five pages listing useful organizations (offering help with everything from driving to pension rights) and 18 pages of forms (for medical contacts, medications, end-of-life wishes, caregiver contacts) conclude this thorough and invaluable how-to. --Karen Springen

This is my third copy of this book. I have loaned out/given away my other 2 copies and never got them back. This book was sent to me when my father was diagnosed with cancer. I remember thinking at the time that I wish I had read this book about 6 months earlier. It has information about every aspect of eldercare from what signs and symptoms of maladies common in geriatric patients. Estate planning, end of life decisions, legal considerations, funeral planning, resources for long term

care, cancer care, Alzheimer's and dementia, respite care for caregivers, and so much more practical information all in one place. A must for anyone with aging parents, and worth a read so you will be able to make things easier for those who will be caring for you in your old age. I have recommended this book to dozens of people over the years, including my financial planner who gives a copy to new clients. Another companion book to this one, also by Virginia Morris is a book called "Talking About Death" is an invaluable in depth look at end of life issues.

This book has some good basic advice. Maybe because I am a nurse and more aware of what is entailed in caring for people with disabilities, I was hoping for more. If you don't know where to start with figuring out how to care for your aging parents, this is a good book to use to begin the journey.

This answers every question you can think of. Well written and an easy read. I used it to outline some topics for discussion with a sibling. It helped us hone in on what we need to address now, concerning our parents. Other chapters will become important later. Would definitely recommend this for anyone caring for an aging parent or relative. Read it BEFORE you need it. It will eliminate worry, panic, and stress.

Lots of good information for those of us just starting to take care of a parent.

Book was very informative and helpful when I had to become caregiver for my mother.

I have given three as gifts to fellow "baby boomers" who are now dealing with aging parents. I use it as a resource and skip around chapters to areas where I need advice. I recommend it highly.

This book has concrete, helpful ideas for helping your elder relative. It takes you from the first steps of talking with your parent or relative about the future and how they would like to live, through arranging a funeral and afterward. It covers things like room by room prevention of accidents, pointing out possible hazards to look out for, having a will, power of attorney and working with the health care professionals. Some other topics that are covered; Knowing when to intervene, Dealing with guilt, Sibling conflicts, Balancing Career and Caregiving and Caregiving from a Distance. It is practical, has phone numbers, web sites and lots of ideas about how to go about finding what you need. I very recently used this book to help me make some decisions regarding my Mom, and it really was a very helpful resource. I highly recommend this book even if your parent is doing well,

and you don't think you need it. This book could help you be prepared for the unexpected.

A valuable resource; every adult child of an aging parent should own this book. The paperback book is very heavy and thick (chock-full of good advice!); so I ended up also buying the Kindle; easier to have with me as I travel to visit my parents. Highly recommended.

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